

What Would a Divorce Cost YOU?

Before you make the decision to end your marriage there are a lot of things to consider. Use this to evaluate the cost of a divorce in your situation.

Financial

1. Legal Costs: \$ _____ (estimate)

2. Value of loss of assets/net worth: (estimate 50% of current value less and loans or debts)
 1. Home: \$ _____
 2. Other property: \$ _____
 3. Investments: \$ _____
 4. Businesses: \$ _____
 5. Other: \$ _____

Total: \$ _____

3. Cost of Replacement of Household Items: (things that you will need to replace)
 1. Rent/mortgage setup costs (Bond, deposit, etc): \$ _____
 2. Furniture/furnishings/appliances (list):

Total: \$ _____

4. Ongoing costs: (monthly)
 1. Rent/mortgage: \$ _____
 2. Financial support for spouse/children: \$ _____

Total: \$ _____ per month

Emotional

Decision-making ability

Judgement

Ability to carry out everyday required tasks in business/job/profession

Health

Potential addictions (food/drugs/alcohol/other)

Loss of routine (diet/exercise)

Family

Children (separation from them/lack of complete sharing in their new experiences, etc)

List some of the potential effects of separation from your children:

Your Parents (changes in your relationship with them)

Your Spouse's Parents (changes in your relationship with them/being 'the enemy')

Social Circle

Friends

- Those who take sides
- Those who feel threatened by you
- Those who stop contact

Work Colleagues

Think carefully about the impact of ending your marriage on all of the areas of your life. Ask:

- “Do I really want to end my marriage or am I just so emotionally tired of my situation that I think it would be the easier way out?”
- “Is it possible that there might be a way to save my marriage – with just a bit more information?”

For more help and information go to www.growinginloveforlife.com